

Scalp Micropigmentation

A Client Guide | Liv Hair & Skin Clinic, 19 Harley Street, London

What is SMP?

Scalp micropigmentation (SMP) is a non-surgical hair restoration treatment that replicates the appearance of natural hair follicles on the scalp. Using specialised equipment, regulation-compliant pigments and precision micro-needles, thousands of tiny impressions are placed into the upper layer of the skin to create the look of closely shaved hair, added density or a fuller hairline.

SMP can be performed regardless of your existing hair and works for all levels of hair loss. It involves no surgery, leaves no scarring and has no recovery time, so most clients return to their normal routine straight away.

Is SMP right for you?

SMP may suit you if you are looking to:

- Achieve the look of a shaved or closely cropped hairstyle.
- Add density to thinning hair, whether you keep it longer or shaved.
- Reduce the visibility of the scalp through the hair, a popular option for women, worked softly under the existing hair.
- Camouflage a linear scar from FUT (strip) hair transplant surgery.
- Blend and soften dot scarring from FUE hair transplant surgery.
- Soften the appearance of an injury or accident scar on the scalp.
- Restore visual density in alopecia, including patchy, diffuse or total hair loss.
- Refresh or correct faded or previous SMP work.

What to expect

SMP is usually built over two or three sessions spaced a week or two apart, so tone and density can be layered gradually for a natural result. Your hairline shape, pigment tone and density are planned with you beforehand and customised to your age, facial features and skin tone. Most people find the treatment very tolerable, and you see an immediate visual improvement from the first session.

Aftercare

For the first few days the scalp may look slightly darker or a little red as it settles. Keep the scalp dry for about four days and avoid heavy sweating, the gym, swimming, saunas and long sun exposure while it heals. Once healed, protect the area from the sun to help the result stay sharp. SMP is long-lasting but not strictly permanent: the pigment softens gradually over several years, and most people have a top-up every few years. Your artist gives you full, personalised aftercare guidance.

Your artist: Filippo Peranzani

Filippo Peranzani is a London-based scalp micropigmentation specialist and co-author of “The Art of Scalp Micropigmentation: A Comprehensive Guide.” He holds a ProQual Level 4 Certificate in Micropigmentation (Machine Method for Scalp) and has completed advanced SMP training. He treats both men and women, and for him SMP is not simply cosmetic, it is restoration delivered with precision, realism and respect for how each person actually looks.

**Every treatment begins with a free, no-obligation consultation to plan the hairline shape,
density and tone around your natural look.**

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